

## Sorry Hip Hop Took a 'Back Seat

Written by RB Site Administrator ID4630  
Saturday, 15 August 2009 10:24 -

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I would like to apologize to all the followers of our site. For the last few months Hip Hop has taken a back seat here and I was forced to face the fact that there is so many things more important than hip hop. All of the sudden who had phony beef with who or what hip hop star won the same award again this year did not seem to be relevant in my life.

The last few months have been a struggle for me here and many of you have wrote to find out what was going on. Many of those emails and calls went unanswered since I was unable to talk on the phone and very seldom got on the net.

In Sept of last year I was diagnosed with advanced emphazima. That is a form of COPD and it affects your lungs and your ability to breath. After many test I was told that surgery was my best option. So in June I had lung reduction surgery. That is where they take out the 'dead' portion of your lung in hopes that the good portion that is left will do its job better – making it easier for you to breathe.

It has been almost two months since my surgery and I am slowly getting up and back to normal here.

Now I am not saying that I did with hip hop for the last few months, I am just saying I could not update the site as many of you are use to. I had my Ipod with me in the hospital. Tupac helped me thru those rough days after surgery. Tupac (2Pac) can always help me thru any struggle I am facing and I am so glad he was with me in spirit during this struggle, or I may not have made it.

I now have 6 cuts on my torso due to the surgery and I have to watch what I do but I should be ok in time.

I would like to say if you smoke QUIT. They said that is what caused my emphazima. If you know some one who smokes ride them until they quit.

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I would like to thank all those whose sent me supportive emails and calls to my voice mail over the last few months. I have found out I have a lot of friends and people who care about me out there and I find them all to be true blessings.

Many in the hip hop arena took time to check on me or to reach out and for that I really feel blessed. I received so much luv that I know all the people I had praying for me helped me thru this. I am a strong believer in the power of prayer.

So hopefully things will start getting back to normal here but it will take time to get back to 100 percent but we will get there. Thanks for not giving up on [www.ThugLifeArmy.com](http://www.ThugLifeArmy.com) and we shall be back stronger than ever reppin for the Legacy of Tupac Shakur (2Pac) and bringing you hip hop news that is not that mainstream hip hop slop.

Peace and One ---- RB, Site Administrator