

## Hip Hop Remember National Black HIV/AIDS Awareness Day

Written by Robert ID3300

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### Hip Hop Remember National Black HIV/AIDS Awareness Day

Next month the hip hop community will remember the passing of the Godfather of gangsta rap; hip hop iconic figure – Eric ‘Eazy E’ Wright, who died from HIV/AIDS in March of 1995.

The passing of this hip hop and rap pioneer brought the reality of HIV/AIDS to the hip hop community.

Today February 07, 2007 is National Black HIV/AIDS Awareness Day.

For National Black HIV/AIDS Awareness Day infidelity expert Ruth Houston designs an HIV/AIDS Awareness quiz to help Black women identify the gaps in their knowledge and behavior in their lifestyles that put them at risk for HIV/AIDS. The quiz helps pinpoint any changes they need to make in order to safeguard their health.

Does your lifestyle put you at risk for HIV/AIDS? Are you in danger of becoming an HIV/AIDS statistic because of something you don't know? Before you say "no," take this Black Woman's HIV/AIDS Awareness quiz designed by infidelity expert Ruth Houston, founder of InfidelityAdvice.com and author of *Is He Cheating on You? – 829 Telltale Signs*, and the *Down Low Dozen* tip sheet. You'll be surprised to see how vulnerable you really are.

1. Do you know your HIV status?
2. Do you know your partner's HIV status?
3. Do you know the HIV status of any sex partners you've had in the past?

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4. Do you know your partner's sexual history?
  
5. Do you know your partner's true sexual orientation?
  
6. If you're sexually active, do you always insist on a condom?
  
7. Do you still think of AIDS as a gay white male disease?
  
8. Did you know that over 70% of newly diagnosed HIV positive women are Black?
  
9. Do you know how to tell if your husband or boyfriend is on the down low?
  
10. Do you take it for granted that you're in a monogamous relationship?
  
11. If your husband or boyfriend is cheating, has it occurred to you that his partner could be another man?
  
12. If you're married or in a committed relationship, do you feel you don't have to worry about HIV/AIDS?
  
13. Do you believe you can tell an HIV positive man just by looking at him?
  
14. Did you know that as a black woman, you're in the highest risk category for HIV/AIDS?

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15. Are you aware that HIV/AIDS is the leading killer of black women, ages 25-44?
  
16. Have you ever considered the possibility that you could be a victim of same-sex infidelity?
  
17. Can a down low man be identified by the way he looks, acts, dresses or talks?
  
18. Did you know that heterosexual contact is the most common form of HIV infection for Black women?

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Answer Key:

The correct answer for numbers 7,10,12,13,and 17 is no. All other answers should be yes. Realize that even one wrong answer puts you at risk for HIV/AIDS. The more wrong answers you have, the more at risk you are. By making a few changes in your lifestyle, and becoming more knowledgeable about HIV/AIDS and how it's transmitted, you can avoid becoming another HIV/AIDS statistic.

How You Can Benefit from this Quiz

Infidelity expert Ruth Houston designed the Black Woman's HIV/AIDS Awareness quiz to help Black women safeguard their health by pinpointing and eliminating risky behavior from their lifestyles. Houston advises, "Share this quiz with female family members and friends. Use this quiz as a tool to initiate discussions about Black women, HIV/AIDS and the down low. For more information on this topic, visit [www.DownLowDozen.com](http://www.DownLowDozen.com) Educate yourself about HIV/AIDS, because ignorance invites infection. Knowledge is power. The more you know about HIV/AIDS, the less likely you will be to engage in risky behavior that can jeopardize your health. If more than half your answers were wrong, that means there are major gaps in your knowledge. You could already be infected with HIV through no fault of your own. GET TESTED RIGHT AWAY –

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especially if you've been sexually involved with someone who's HIV status you don't know. "

### Black Women, the Down Low and HIV/AIDS

"Be aware that your husband or boyfriend could be a potential source of HIV infection." Houston warns. "Alarming numbers of Black women are becoming infected with HIV from having sex with men on the down low." If your answers indicate that you might be involved with a man on the down low, request a copy of Houston's FREE Down Low Dozen tip sheet so you can find out for sure. E-mail [DownLowDozen@gmail.com](mailto:DownLowDozen@gmail.com) with "DLD-pl" in the subject line. "Your life is at stake." warns Houston. "Get the facts. The life you save may be your own." For more information on Black women, HIV/AIDS and the down low, visit

[www.DownLowDozen.com](http://www.DownLowDozen.com)

or

[www.InfidelityAdvice.com](http://www.InfidelityAdvice.com)

### About Ruth Houston:

Infidelity expert Ruth Houston is the founder of [InfidelityAdvice.com](http://InfidelityAdvice.com), and the author of *Is He Cheating on You? – 829 Telltale Signs*, which documents practically every known sign of infidelity. Frequently called on by the media to comment on popular infidelity issues in the news, Ruth has been quoted in the *New York Times*, the *Wall Street Journal*, *Cosmopolitan*, the *Chicago Tribune*, the *Los Angeles Times*, *AOL Black Voices*, *Heart and Soul Magazine*, the *Jamaica Observer* and numerous others print and online media.

Ruth has also been a guest on *The Today Show*, *Good Day New York*, *CNN*, *BBC*, *CBC*, *The Michael Baisden Show*, *PowerTalk FM*, *Living in Black*, the *Breakfast Club* and over 320 other radio and TV talk shows worldwide. For a FREE copy of the Down Low Dozen tip sheet, e-mail [DownLowDozen@gmail.com](mailto:DownLowDozen@gmail.com) with "DLD-pl" in the subject line.

Also Please visit <http://www.blackaidsday.org>